RUSADER CONNECTION





Greetings Heelan Alumni and Friends,

During the weeks following the 2015 commencement ceremony, I have heard the word "great" used many times as a descriptor of that event and our school year.

The class of 2015 is truly superb. We applaud these students for their excellence in the classroom, on playing fields and in artistic endeavors. Every graduate has contributed to the class and the school community. And, as a community, we celebrate their efforts and achievements.

While we acknowledge that teenagers can be challenging, we also recognize the engaging, friendly, polite nature and collective maturity of our students. These characteristics certainly speak to the powerful role of culture in a school.

This class of 2015 enjoyed the benefits of the first year in our Heelan Fine Arts Building. We hope to welcome them back in the near future to see the other half of our high school completed.

We are grateful for a community that supports our students as they worship, study, play, struggle and succeed. The transmission of religious beliefs, social values and good work habits from generation to generation helps to define Bishop Heelan.

God bless the class of 2015 and the parents, teachers, alumni, staff and friends who supported them.

James Tschann

President, Bishop Heelan Catholic Schools



Heelan 2015 Reunion Information

• Class of 1950 - 65th Reunion September 5

3 PM - Tour Fine Arts Building 4 PM - Mass in St. John Paul II Chapel 5 PM - Social & Dinner at the home of Contact: Frank & Mary Ann Audino Contact: Frank Audino 712-251-4967

• Class of 1960 – 55th Reunion September 11 & 12 Friday, Sept. 11

7:30 PM Crusaders Football at Memorial Stadium

Saturday, Sept. 12

5 PM Tours of high school and Fine Arts Building 6 PM gathering at McCarthy & Bailey's Contact: Bart Braunger

bandi1969@live.com

 Class of 1965 – 50th Reunion August 21 & 22 Friday, Aug. 21

Dinner at Fine Arts Building

Saturday, Aug. 22 Golf - Tom Keane trkirish1@aol.com 4:30 PM - Mass in St. Paul II Chapel 5:30 PM Stoney Creek Contact: Bill Burrows wfbexboxer@gmail.com

• Class of 1970 – 45th Reunion September 18-19 Friday, Sept. 18

5:30 PM - Buffalo Alice

Saturday, Sept. 19

4:30 PM - Mass in St. Paul II Chapel Followed by dinner at Aggie's Restaurant Contact: Jeanne Newton Young Jeannenewton05@yahoo.com

 Class of 1975 – 40th Reunion July 2 & 3 See Class Notes.

Class of 1980 – 35th Reunion

See photos in next issue.

 Class of 1985 – 30th Reunion July 24 & 25

See photos in next issue.

• Class of 1990 - 25th Reunion Friday, July 25 See photos in next issue.

• Class of 1995 - 20th Reunion August 28 & 29

Friday, August 28

6 PM Pregame Gathering Heelan East Game

Saturday, August 29

9 AM August 29 Golf Scramble 7 PM the Big Snug Irish Pub Contact: john@blankenshipmeier.com



• Class of 2005 – 10th Reunion September 11 & 12 Friday, Sept. 11 Heelan football game Saturday, Sept. 12 4 PM Jim's Lounge Contact: kristinamcguirk@hotmail.com

Spring – Summer 2015

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CRUSADERCONNECTION

The Crusader Connection is published twice a year for alumni and friends of Bishop Heelan High School, part of the city-wide Bishop Heelan Catholic Schools PK-12 system.

www.bishopheelan.org

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From left Chloe Hogue, Taylor Beaulieu and Tony Tobin are all smiles after their Heelan Graduation ceremony in May.

Father Deman Named Heelan Chaplain



Father Shane Deman, a 1999 Heelan graduate, will serve as chaplain of Bishop Heelan High School when the school year opens in August and also be director of vocations for the Diocese of Sioux City.

He spent the last two years earning his doctorate in theology at Gregorian University in Rome. Before then he served as parochial vicar of Holy

Father Deman Trinity Parish in Webster County and chaplain at St. Edmond's High School in Fort Dodge.

Deman earned his undergraduate degree in vocal music and philosophy at the University of St. Thomas in St. Paul and attended seminary at Pontifical North American College in Rome. He was ordained to the priesthood on June 28, 2008 at the Cathedral of the Epiphany.

Deman is the son of Heelan grads Greg and Francine (Kukula) Deman '72. His siblings are Heelan grads Chris '01 of Phoenix and Catie (Deman) Miltenberger '03 of Omaha.

Academic Night Honors Students

Over 100 Heelan students were recognized for academic achievement at Heelan's annual Academic Awards Night in May. The event showcases academic effort and success to ensure that students receive recognition for the commitment to the classroom and their studies.

Faculty recognized students in the areas of communication arts, fine arts, foreign languages, mathematics, science, social studies, theology and life skills. Student scholarships to Heelan were also announced.



Claire Garreans celebrates her diploma with Katie Fox.

Heelan Graduates Class of 2015

Bishop Heelan High School graduated 116 seniors in the class of 2015. Noelle Weaver of Anthon, Iowa was the Valedictorian and Jessica Brown of Sioux City was the Salutatorian.

Some 85 percent of Heelan's 2015 graduates were offered academic scholarships totaling \$9.6 million. Sixteen students were offered \$1.9 million in athletic scholarships. The higher than average amount in academic awards was helped by graduate Kevin Servellon who received over \$1.4 million in scholarship offers, including offers from Harvard, Duke, Georgetown, Notre Dame and Northwestern. He plans to attend Harvard and major in history.

See our annual Alumni Graduate section in this issue on page 14.

Computer Coding Club Teaches Programming

Who knew that video games like Flappy Bird, Destiny, Battlefield and Call of Duty could inspire students to spend more time at school?

A new computer coding club encouraged Heelan students this past school year to solve problems while creating video games and programming.

Heelan sophomore James Saulsbury launched the club with another student and learned along with his peers who came to the computer lab every Monday to tackle video game programs like "Unity 3D."

"Creating video games is a good way to introduce students to learn coding," Saulsbury says. "It's fun problem solving. A common misconception is you have to be a math genius to do computer coding. No one here is a math genius."

James learned Java programming in an online class through Western Iowa Tech Community College and learned still more as a student in the coding club. His group used a program developed by MIT students to teach coding skills

"Video game design prompts students to combine problem solving, creativity and critical thinking with computer coding and elements of graphic design," says JoAnn Clemens, club moderator. "The Heelan coding club attracts great kids who work together to learn computer science skills that can open doors to careers in their future."



James Saulsbury, right, helps Michael Bryan in the computer coding club.

Heelan Has Two National Merit Finalists

Bishop Heelan High School seniors Jessica Brown and Meredith Ritchie have been recognized as National Merit Finalists, and Brown is a National Merit Scholar.

They were listed in the winter *Crusader Connection* as semi-finalists and now as finalists are recognized as two of the top 15,000 students in the United States.

Both students were busy outside the classroom. Jessica, the daughter of Pat and Samantha Brown of Sioux City, starred on the Heelan state championship soccer team and played on the girls basketball team that went to state.

Meredith, the daughter of Thomas and Erika Ritchie of Elk Point, SD., starred in plays and was the wicked witch in the Wizard of Oz musical.



Jessica Brown



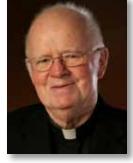
Meredith Ritchie

Father Al's New Scholarships Benefit Students

The late Father Al McCoy's \$163,000 bequest

to establish the Father Alfred McCoy Scholarship Fund is enabling eight Heelan students to receive tuition assistance grants this fall.

McCoy, known for his Irish charm and short homilies, had served as president of Heelan High from 1996 to 1998 and continued assisting in the high school and interacting



Father McCoy

with students for years after that. He died at age 83 in 2012 after a priesthood of 58 years.

With the new McCoy Scholarship Fund there are now 14 different funds used to award scholarships to more than 40 students attending Heelan in fall.



Annie Betz, left, and Anna Sealey pack meals in boxes for shipping.

Feeding the Hungry

Heelan High students joined with 5-8 grade students in assembling more than 115,000 meals for Honduras in March. Hundreds of students bagged meals of enriched rice, dried vegetables and seasonings as part of the "Then Feed Just One" program.

In four years of the Bishop Heelan system service project, students have assembled a total of 653,109 meals.

Heelan Art Student Honored with Award

Bishop Heelan High Senior Michaela Wadzinski won a Gold Key Award in Art from the Scholastic Art and Writing Awards program.

She is one of thousands of students honored out of a total of 300,000 submissions from schools.

Michaela's work of digital art, entitled "Feathers,"



was created as part of her Visual Design 3 class taught by Heelan art teacher Laurie Dougherty. Judges look for originality, technical skill and the emergence of a personal voice or vision.

Quiz Bowl Goes to Nationals Again

Heelan High's Quiz Bowl Team competed for the second consecutive year in the National Academic Quiz Bowl Championship in Chicago.

Students from left are seniors Austin Suhr, Jack Garreans, captain and Michael Feste, and juniors Sean Miller and Bryce Frey with coach and Heelan science teacher Kenneth Strouse.





A group of Heelan students and adults gather on the steps of San Lorenzo Church in Florence as part of a recent trip to Italy.

Students Travel to Rome and Ohio

Nearly two dozen Heelan students embarked on a nine-day trip overseas this summer to tour historical landmarks and experience their faith in the heart of Italy.

Joining with high school students from Fort Dodge St. Edmond and Storm Lake St. Mary's, they toured cultural and religious sites in Rome, Assisi, Florence and more. They attended Mass at San Lorenzo, St. Peter's Basilica-Hungarian Chapel and Casa Santa Maria of the North American College.

"It was an awesome time!" said Father Patrick Behm, one of three priests with the trip. "The students grew in their faith and absolutely had a blast."

Behm also took scores of students to Franciscan University in Steubenville, Ohio to hear speakers and take part in special worship services to help them grow in their faith and relationship with God.



Memorial Field should have a new track this fall.

Memorial Field Getting New Track

Memorial Field is getting a new track. With large, growing cracks that could no longer be patched, a replacement track could not be delayed.

Heelan is receiving help for the project from Denny Walker '63 of Omaha, who made a major pledge toward the new track.

The Heelan Auction raised \$63,000 for the track in April. An update will be featured in the next *Crusader Connection*.

TeamMates: Mentoring Matters

Nearly a dozen local alumni are serving as student mentors in a new program, TeamMates, launched by the Bishop Heelan school system this past school year.

The school-based mentoring program for students in grades 3-12, was founded in 1991 by Tom Osborne in Omaha to help youth improve school attendance, grades, behavior and outlook. Today it's offered in schools in Iowa, Nebraska and California.

"Mentors spend an hour a week in school to encourage young students," says Jay Wright, Heelan dean of students and program coordinator with Yvette Sitzmann '91, director of admissions. Matches were made with 16 students in third grade. He hopes to double that next year.

Bishop Heelan was invited to join the program to give Catholic students an opportunity for a mentor.

"We want to support our students in every way possible," says Tom Betz, board president. "So when Denny Walker of Omaha, a Heelan alum and longtime TeamMates mentor and board member, asked us to establish this program in our Catholic schools we started planning."

To learn visit teammates.org or contact Sitzmann at 712-252-1350 or yvette.sitzmann@bishopheelan.org.



Heelan student Lauren Luft paints a lion on the preschool nursery wall at Jackson Recovery women's center.

Art Students Help Jackson Recovery Centers

A team of art students of Heelan donated their talent this summer to paint the nursery and preschool at the Women's and Children's Center of Jackson Recovery Centers in Sioux City. They painted colorful animals and birds on the walls under the direction of Laurie Dougherty, Heelan art teacher.

"We are so impressed and thankful for the artwork the students did for us. Our children have all commented on how cute the animals are," says Jeanette Plueger of Jackson.

The Women and Children's Center provides inpatient addiction and disorder treatment to pregnant women and women with children. The on-site daycare enables children to remain with their mothers in treatment.



Students who served low income families in Mississippi in spring are from left front: Taylor Beaulieu, Noelle Weaver, Yasmeen Rose and Madison Peck, back: Madison Heaton, Kate Larson, Blake Bogenrief, Jessica Brown and Joe Verschoor.

Crusaders on a Mission

By Susan (Verschoor) Fey '92 • Reprinted compliments of Siouxland Magazine, Susan Fey, editor

Spring Break for many of us may mean vacations to nice beaches, relaxing and enjoying time off school and work, or doing some much needed "spring cleaning." Spring Break 2015 meant a mission trip to Walls, Mississippi for a group of Bishop Heelan High School students.

Father Patrick Behm, Heelan chaplain this year, organized the trip, and 10 Heelan students signed up.

"In past years, students would travel to Honduras, but to ensure their safety, we agreed that we would stay inside the United States this year," Fr. Behm said.

The students traveled to Mississippi in school vehicles and had parent and teachers chaperoning the trip. Once in Walls, the students stayed in Mission houses, one for the boys and one for girls. Sacred Heart Southern Missions hosts the groups that visit.

Students on the trip spent time helping residents of Walls repair their homes and offering fellowship at the Garden Café.

"The Garden Café is a place where you can get a free home-cooked meal every day and people from any walk of life can come there and eat a meal and spend time together," Yasmeen Rose explains. Rose discussed that it was eye-opening to hear a parent tell their child, "You need to eat a lot because this is all we are having today. We don't have to worry about whether we are going to eat today or not." At the Café, students prepared the meal and also shared information about Passover and Easter.

"At one home, we fixed the soffits and fascia, but we also spent a lot of time with the elderly homeowner," shares Jessica Brown. "What struck me was how thankful she was when we were finished, not just for her home improvements but for the time we spent with her. She said to us, 'I'll miss you guys not just for what you are doing, but for the company too.' It reminded me our 'Then Feed Just One' project that we do here at Heelan. Îts mission is that if you can't help a thousand, then feed just one. I felt like we did that in Mississippi."

Blake Bogenrief and Joe Verschoor spoke about their surprise with how there would be very lavish homes next to shacks. "One of the homes

had tarps for walls and a very funny smell. Animals were getting in at night and the one home basically was unlivable," Bogenrief relays. All of the students discussed how frogs, snakes, and hornets were abundant in the homes where they were dry walling, plastering and roofing.

"It made realize how comfortable we live, and I am very thankful for that," shares Verschoor.

When the students were asked if they would do another trip like this again, there was a resounding "Yes."

Fr. Behm commented on the importance of mission trips, "It's important to follow the call of the Gospel. Matthew 25 is very clear that what we do to all of our brothers and sisters we do to Christ. We go on mission trips to encounter the person of Jesus Christ in the poor and serve the poor."

Behm, originally from Storm Lake, Iowa, was an instructor at Bishop Heelan for three years and assistant pastor at the Cathedral of the Epiphany. He was transferred in July to serve a Le Mars parish and Le Mars Gehlen Catholic School.

"You Were There For Me"

Class President Reflects Back on Four Years

Student Council President Patrick Dougherty addressed his fellow classmates at Marian Day with this message.

"On behalf of the class of 2015 it is my privilege to say thank you to the faculty, staff, parents, family and friends for being with us for the last four years.

How odd it feels to think back to 2011. Everyone had their own expectations as a freshman, but personally, I did not know what to expect. So I did something like this:

Hurrying in my oversized navy polo and my older brother's Sperrys, I rushed to pack my books away to get to a freshman football meeting in Coach Burchard's room on third floor. Still pretty clueless and trying to make a good impression, I came barreling into 306 with only seconds to spare before the meeting began. There was only one desk open in the back of the room, and I thought I was home free. Unfortunately, on my way to the back of the room my stuffed backpack accidently knocked Coach's brand spanking new iPad off of his desk onto the floor. Ergo, more or less shattering it into a million pieces. Coach shared with me his various concerns on the condition of his iPad, and I was off to a fantastic start.

Welcome to high school!

For the past four years we have shared experiences from embarrassing to inspiring. We endured AP



Dougherty Named Rotary Student of the Year

Patrick Dougherty, above, with his parents Marty Dougherty '72 and Heelan High art teacher Laurie '80, was chosen as Rotary Student of the Year from among top students at Sioux City high schools.

In addition to heading student council, Patrick was on the gold honor roll; competed in speech events; played soccer, baseball and football; performed in this year's school play and musical: went to Boys State and more. He will attend Creighton University.

exams, snow days, heat days, asking each other to dances, competing in sporting events, rushing to get projects finished, and had the opportunity to be the first class in 65 years to experience school in a new Heelan building.

Everything in this new building was a first. The fall play and spring musical saw an explosion of creativity and expression led on stage by this senior class. Our athletic teams put in countless hours of hard work in the weight room and sweating in the CYO throughout the summer. Led by discipline, our girls and boys teams made this high school proud.

But do you know what makes me most proud of this class? When I was a freshman, my mother and our art teacher, (Laurie Welte Dougherty '80) had a heart attack. And you, class of 2015, you were there for me and my family. Do you realize how much that meant? I saw firsthand how powerful the Heelan family could be. You stopped me in the hall and asked me how I was. You called and invited



me to your house. For





Diane (Neu) Ladwig '68 celebrated 40 years of teaching this year.

Heelan Grad Celebrates 40 Years of Teaching Silly Socks, Stories and Students

By Greg Forbes • Reprinted Courtesy of the Sioux City Journal

Students and educator Diane Ladwig '68 are a perfect match, just like her hundreds of pairs of colorful and creative socks.

So much of a perfect fit that Ladwig, a first-grade teacher at Holy Cross School -- St. Michael Center, this year marks her 40th year of teaching in Sioux City's Catholic schools.

But to Ladwig, the start of the school year seemed like her first.

"I guess that's what happens when you love what you're doing," she said.

The daughter of a music teacher, Ladwig (maiden name Neu) grew up around education and attended St. Joseph's Elementary School, Heelan and Briar Cliff College.

"I never wanted to do anything else," she said. "My mom was a teacher and I always wanted to be just like her."

Ladwig was acknowledged for her milestone at an assembly in January where she received a standing ovation. Long-time Principal Michael Sweeney '76 drew laughter as he announced he was a student at Heelan when Ladwig started teaching. Sweeney said Ladwig's dedication reflects the mission of Catholic schools as a whole.

"By her example, she shows a lot of our mission statement, which talks about faith, values, knowledge and service," he said. "She's lived it."

Ladwig said the stories told by adults when they were in her class, and her connections with former students, have provided a living scrapbook for her career. She receives invitations to weddings and graduations, sees former

students at parent-teacher conferences and regularly stops for a chat when out in public.

And each time a student, either current or from the past, sees Ladwig out in public, one question usually follows.

"I can't go to church, the grocery store, the mall anywhere – unless I have on some silly socks," she said. "Wherever I go, I've got older students, moms and dads ask me what kind of socks I'm wearing."

Those socks, along with her mischievous miniature schnauzer, Cooper, are popular with her impressionable first-graders. Mentions of crazy socks and naughty dogs often end up in the students' short stories.

Throughout her career, Ladwig has mostly taught first grade but has also spent years in kindergarten, second, fourth and fifth grades. New grades, curriculum changes and technology growth in the classroom have led to adjustments in her teaching.

But Ladwig said she tries to keep the curriculum fun and topical with projects, such as a winter writing assignment where students contemplate what they'd do if they were trapped in a snow globe.

"She makes learning fun," said 6-year-old Kaleb LaFavor, who has an aunt taught by Ladwig.

Ladwig said the students' enthusiasm toward learning rubs off on her and has made the years fly by.

"I've been asked when I plan to retire and I always say, 'When it stops being fun,'" she said. "Forty years seems like a lifetime but it feels like I just started yesterday."

Golden Voiced Priest Turns Over Microphone

Heelan football fans this fall will miss the resonant and authoritative voice of the Father Craig Collison announcing games as he has for the past 12 years.

That's because Collison, Pastor of Sacred Heart Parish 2003-2015, has turned over the microphone to others because he recently moved to start a new assignment as Pastor of parishes in Carroll and Lidderdale, Iowa.

"Colly," as he was affectionately called, announced home games during some of the most successful years in athletics at Heelan. In football, Heelan won two state football titles during his tenure, one in 2008 and the other in 2013 and was state runner-up four times. He watched it all—announcing countless first downs, touchdowns, extra points, interceptions and usually wins.

Collison, a former referee and umpire, prided himself on pronouncing students' names correctly. He also enjoyed creating a fun relationship with Heelan fans.

"I remember when students first brought funnel cakes to the press box," he says. "When I first saw those I immediately announced students had "nutritious and deeee-licious funnel cakes for sale. Get 'em while they're hot.' It became a standard announcement every home game."

Collison saw even more success in Crusader basketball. He announced Heelan home games on their way to win three consecutive state championships in 2009, 2010 and 2011.

"There's nothing better than two teams going down to the last second in a tight game," he says. "You have power with a microphone and can cause some drama. I have always been careful of respecting the official's call, putting no emotion into the game and calming it down. Sometimes I just shut up."

As an official who has announced at state basketball tournament games for 19 years, he's seen his share of close contests, including Heelan ones.

"I can't forget the one in 2009," he says. "I still remember Brennan Cougill '09 hitting that last second shot because everyone went nuts."

He was honored with the prestigious Bernie Saggau award this year for supporting athletics in Iowa.

"I had to be very neutral at state games because I was working for the state athletic association," says the Crusader fan. "But I always lobbied to get the Heelan game to announce."

He's been proud to be part of Heelan sports and brags about the students.

"I saw so much dedication,"
Collison says. "The kids
remember their teammates
forever. They are so glued
together. A lot of kids play
multiple sports and they
support each other."

In addition to athletics, Collison was happy to boast about Heelan students from his parish who excelled in fine arts, speech, quiz bowl competitions and the classroom.

"It's been a great run in Sioux City," he says. "I'll continue to follow and cheer on Heelan from Carroll."

Father Craig Collison announced Heelan games in the Press Box at Memorial Field and "The Pit," during a time when Heelan went to state numerous times and won five state titles.

Photo courtesy of the Sioux City Journal.

Passing the Clipboard in Heelan Sports

Steffen Named New Football Coach

Ierry Steffen, an assistant varsity football coach for over 25 years, is the new head football coach. He takes over for Roger Jansen who has moved to Morningside College's football program.

Steffen has been varsity assistant since 1986, serving most of 29 years as defensive coordinator.

"Jerry has put his heart and soul into Heelan football for nearly three decades," says Jason Pratt, Heelan activities director.



Steffen at state championship game.

Steffen was four-year starter in football and track at Waterloo Central. He graduated from Morningside in 1984 where he was a college conference and school record holder in receiving.

Steffen owns Creative Embroidery in Sioux City. A musician, he is also an Iowa Rock and Roll Hall of Fame Inductee and plays for the band Locked & Loaded.

Foster Takes Over as Head Basketball Coach

At 6'9" they were known as the Twin Towers. Now long-time assistant Andy Foster is taking over as head basketball coach, replacing Tom Betz who has coached since 2001.

Foster is a 1997 graduate of Caledonia High School, where he played on three state qualifying teams and one state championship. He attended Northern State University following high school and was team captain his senior season. Andy has a Masters degree in Education from Augustana College. Since joining Heelan in 2005 Foster



Foster, right reacts to play with Betz.

has served as assistant boys basketball coach, girl's and boy's golf coach, assistant activities director and health and physical education instructor.

"Tom's win/loss record was astounding and Hall of Fame worthy, and Tom won the right way with dignity and class," says Jason Pratt, activities director. "Andy will be a great coach, too.

wrestler in the 1990s, he was a member of four state championship teams.

Di Pol is New Wrestling Coach

Pete Di Pol, an experienced and successful college and high school coach, will be Heelan's new wrestling coach.

Di Pol comes from Baker University in Baldwin City, Kan., where he had a NAIA national champion during his first season in 2014 and saw his team finish in 14th place in 2015. Before Baker, Di Pol was head coach at Gloucester County College in Sewell, N.J., and earned coach of the year honors.

Di Pol won three state championships and built a 225-67 record in New Jersey. His teams at Camden Catholic were twice ranked in the top 35 nationally. As a prep



Pete Di Pol



Jansen Earns Two State Titles

Roger Jansen '81 played tackle on his Heelan squad and began helping as a volunteer football assistant while attending Morningside College. He was head coach from 2000 to 2015 and was interim in 1997. In 16 seasons, Jansen rose to the top of the all-time metro coaching wins list with a 157-31 overall record.

He guided the Crusaders to Iowa 3A state championships in 2008 and 2013 and his teams were state champion runners-up in 2007, 2010, 2012 and 2014. Jansen, Siouxland 2002 Football Coach of the Year, coached his 2008 and 2013 squads to perfect 14-0 records.

He leaves Heelan to help coach football at his alma mater, Morningside.



Betz Claims Three State Titles

Tom Betz '85 played post at Heelan and played at Morningside College where he was All North Central Conference and entered the business world. He returned to Heelan as a teacher and assistant coach for two years before taking the head coach post in 2001.

After 14 years, Betz leaves behind a stellar 264-83 record and postseason record of 44-11. Betz won 11 consecutive district titles and won state championships in 2009, 2010 & 2011. He was state runner-up in 2002 and 2007. He can now devote full-time attention to advancement and the PRIDE campaign to complete Heelan's new high school.

With a daughter at Heelan and one coming up, Betz will be an active parent for years to come.



The girls soccer team made 15 trips to state, finally winning the coveted state title this June.

Supreme Talent and Hard Work Lead Crusaders to Earn State Soccer Title

By David Hout • Reprinted Courtesy of the Siouxland Sports Authority

The Heelan Crusaders Girls Soccer Team – a good, talented team that worked hard, played as a unit, and backed by good coaching – bulldozed their way to a Class 1A Iowa State Championship over the Nevada Cubs this past June in a 2-0 victory.

Through the three games of the state tournament, Bishop Heelan allowed zero goals, thanks to the phenomenal effort by goalkeeper Tristan Beaulieu who allowed only four goals throughout the season.

The Crusaders paced the Missouri River Athletic Conference (MRAC) with seven first team selections, and five members were named to the class 1A All-State team, which included Chloe Wetzbarger, Grace Hanno, Lauren Bleeker, Rachel Vondrak, and Tristan Beaulieu.

The depth of talent the Crusaders bring on the soccer field was unmatched by most other teams. This allowed Heelan to use all 11 players as a key to moving the ball offensively and actively defending the entire field. Jessica Brown (a National Merit Scholar) and Bleeker were the two forwards for the Crusaders, who, in the 4-3-3 formation, formed the outer perimeter when Heelan was on the attack.

While Brown and Bleeker both had the speed to beat opposing outside defenders, the Crusader midfielders had the height to give a distinct advantage when putting the ball back in the middle of the field.

With the starting midfielders Wetzbarger, Vondrak and Jensen Froehlich, the trio was able to get first or second touches on most balls crossing the middle.

Another aspect of the Crusaders was the amount of preparation the team had. Head Coach Jared Bodammer imparted a level of scouting and game planning for each opponent that was unmatched. Bodammer has coached in 14 of the Crusaders state-record 15 tournament appearances, the first 12 as an assistant to former coach Shawn Mansfield.

On road trips the team would often watch film of their opponents during the bus ride while assistant coaches Jeremy Reinert, Andrew Smith and Lawrence Jensen would focus on the defense, forwards and goalkeeping, respectively. On defense in particular, the staff stressed communication.

Defenders Taylor Beaulieu, Grace Hanno, MacKinsey Higley, Katie Glover and Alex Fox worked seamlessly with the midfielders to communicate opposing defenders in blind spots and help determine ball movement.

The Crusaders took a well-rounded approach to their team. They didn't focus on one area, like scoring and defending, but made sure they were good in every aspect, from corner kicks, to running set plays after a foul. That formula, combined with a plethora of talented players and a smart coaching staff, led to a state championship for Bishop Heelan.

Sports Recap



Girls Basketball

The Lady Crusaders enjoyed their eighth trip to the state tournament in the last nine years. The girls won their opening round game at State vs. Ballard before falling in the state semi-final to Western Dubuque. The ladies of Coach Darron Koolstra finished with a record of 22-4 and were MRAC Champions.

Boys Basketball

In Coach Tom Betz's final season at the helm, the boys basketball team finished the season with a very competitive 9-13 record. New Head Coach Andy Foster, former long time assistant, looks forward to keeping the tradition of a successful basketball program alive.





Boys Soccer

A talented boys soccer team earned a trip to state for the second consecutive year. They fell to a physical South Tama team 3-2 in the opening round, finishing the year 15-2.



Girls Soccer

The girls soccer team won state this June! See story on page 12.



The girls softball team enjoyed a winning season. The girls won the CYO Tournament and closed out its season at 26-12.



Baseball

The Boys of Summer ended their season 18-24. The Crusaders welcomed back the 2005 State Champions for their 10th anniversary on July 11 as they defeated Spirit Lake 8-1 at Lewis and Clark Park.



Boys and Girls Track

The Crusader Boys and Girls track teams both claimed MRAC titles while the Girls won the City title and the Boys claimed a District title. Numerous Heelan athletes qualified to run on the blue oval at Drake.

Boys Swimming

Swimming with the Sioux City Spartans swim team, Heelan athletes Nathan Gobell, Quincy Markham and Eli Mollet all qualified for the state swim meet.

Alumni Yearbook Photo Feature

These pages are dedicated to our graduates with parents, grandparents and great grandparents who are alumni of Heelan, Trinity and Cathedral High Schools. We pray for their success and God's blessings in the years ahead.









Dorothy (Grendler) Persinger '55

Julie (Persinger) Schindler '83

Taylor Beaulieu '15 Tristan Beaulieu '15

David Bourassa '78 Tasha Bourassa '15





Margaret (Coolidge) Delaney '50

Kerry (Delaney) Moody '88

Keegan Brown '15



Tom Yaneff '76 Brett Buchmann '15









Martin Dougherty Patrick Dougherty '15

Laurie (Welte) Dougherty '80



Dan Feste '85



Michael Feste '15







Katie Fox '15



Mary Ann (Mummert) Coffey '50



Diane (Coffey) Gilreath '84



Veronica Gilreath '15

Highlights of 2015 Graduating Class

- 116 graduates in the class of 2015
- Valedictorian: Noelle Weaver
- Salutatorian: Jessica Brown
- National Merit Scholar: Jessica Brown
- National Merit Finalist: Meridith Ritchie
- Honor Students: 62

- 85% offered academic scholarships
- Academic scholarships offered: \$9.6 million.
- Athletic scholarships \$1.9 million to 16 students
- Ivy League Bound: Kevin Servellon plans to attend Harvard.
- Quiz Bowl National Tournament Qualifier



Joseph Gill '61



Mildred (Lynch) Gill '59



Joseph Gill '89



Connor Gill '15



Jennifer (Wiltgen) Gill '89



Dennis Wiltgen '62



John Hartnett '56



David Hartnett '87



Taylor Hartnett '15





Travis Heaton '91 Madison Heaton '15



John F. Kayl '58



John P. Kayl '77



Joseph Kayl '15



Beth McNamara '90



Breezy Lane '15



Colleen (Keleher) Larson '77



Kate Larson '15



Jean (Hunsaker) Logan '77



Allie Logan '15



Katie (Foley) Loraditch '74

Robby Loraditch '15



Gerald McGowan '55



Eileen (McGowan) Lord '82



Sophia Lord '15



Donna (Mousel) Jonathan Ludwig '15 Ludwig '78



Rhonda (Haase) McCabe '75

Dylan McCabe '15







Marilyn (Eufers) McCarthy '53

Greg McCarthy '85 Ryan McCarthy '15





Thomas McCann '78 Nick McCann '15



Donna (Sorensen) Blades '64

Roxanne (Blades) Meisner '86

Alex Meisner '15



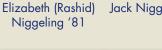
Norma (Levering) Neswick '53



Mike Neswick '76 Jonathan Neswick '15



Jack Niggeling '15





Melinda (Hall) Oberle '86

Amanda Oberle '15



Donielle (Zimmer) Peck '87 Madison Peck '15



Brian Bockholt '76



Maria Perez-Bockholt '15



Denise Perez '81



Felix Perez Well known Heelan Custodian for 34 years



Susan (Wetzel) Peterson '89

Michael Peterson '15



Joe Puetz '83

Andrew Puetz '15



Tony Randall '86 Megan Randall '15 Rebecca Randall '15



James Redmond '88

Nicholas Redmond '15

Maria Ramirez '86 Zaira Ramirez '15

Taylor Redmond '15



Kay (Hegarty) Jordan Reynolds '15 Reynolds '57





Darvin Sitzman '55 Gordie Sitzman '81 Addie Sitzman '15



Phil Vondrak '53



Anne Marie (Vondrak) Skaggs '80



Mary Kate Skaggs '15



Colette (Poss) Jahde'69



Kari (Jahde) Smith'90



Tyler Smith '15



John Boden '48 Trinity



Margaret (Thoma) Boden '49 Cathedral



Julie (Boden) Stubblefield '82



Andy Stubblefield '15 Matt Stubblefield '15



Julie (Streck) Suhr '82

Austin Suhr '15



Frederick Uhl '71



Melissa (Uhl) Tiedtke '95



Alexandria Tiedtke '15





Tom Brazzell '62 Maryellen (Shearer) Jody Brazzell '92 Shipp '64



Nigel Treinen '15



Ryan Treinen '89



Kathleen Mugan '65



Tom Treinen '65



Dorothy (Fennell) Nelson '38 Cathedral



Barb (Nelson) Tushla '79



Maxwell Tushla '15



Lucy (Delaney) Peterson '57



Deb (Topf) Ulven '81



Rachel Ulven '15



Jim Verschoor '51



Theresa (Bulzak) Verschoor '51



Jim Verschoor '81



Joseph Verschoor '15



Kathy (Johnson) Verschoor '82



Roberta (Stone) Rozell '60



Joan (Berkmeier) Vlaanderen '57



Todd Vlaanderen '85



Lauren Vlaanderen '15



Dan Vondrak '74

Rachel Vondrak '15



Deborah (Frank) Weaver '75

Noelle Weaver '15



Robert Watts '67



Mindi (Watts) Weeks '94



Bailey Weeks '15



John Weeks '94





Brigid (Murphy) Youngblade '79

Jack Youngblade '15



Top students Valedictorian Noelle Weaver, right, and Salutatorian Jessica Brown delivered remarks to fellow graduates at Heelan's Commencement May 17.





Help Meet Our \$200,000 Gold Club Goal

Last year the Heelan Gold Club raised nearly \$140,000 to support student athletics and activities. Donors, parents, coaches and teachers invested in our students to make the most of their high school activities.

As a result, Heelan students enjoyed success on and off the field.

- Boys football was a state champion runner-up.
- Girls volleyball went to state, continuing a long tradition.
- Girls basketball made their ninth trip to state in the last nine years.
- Boys soccer went to state for a second consecutive year.
- Girls soccer are state champions! (see page 12)
- Boys and girl track athletes competed at state.
- Students competed well in other sports.
- Students in debate, show choir, speech and Quiz Bowl won trophies and honors.

Support Our Wish List

Our coaches and moderators often develop a "Wish List" of items during the year not covered by Gold Club. Donors interested in funding specific items should contact Andy Foster at 605-228-5568 andy.foster@bishopheelan.org

"Gold Club is vital to all of our activities and athletics here at Bishop Heelan. It allows us to maintain our fleet of vehicles for safe travel to all activities. We need and value your support."



Andy Foster, Gold Club Coordinator

Join Us

Gold Club Golf Outing and Steak Fry August 14 • Two Rivers Golf Club Gold Club Fall Sports and Activities Kick-Off August 17 • Hard Rock Casino Anthem

Heelan Grad Helps Disaster

Matt Anderson Rallies Red Cross Response

The next time you wake up to morning news of a major disaster in the world, you may find Heelan graduate Matt Anderson '92 responding behind the scenes.

In the past four years Anderson has been involved with typhoons, hurricanes, the Ebola response in West Africa, the April earthquake in Nepal and a cyclone in the islands of Vanuatu.

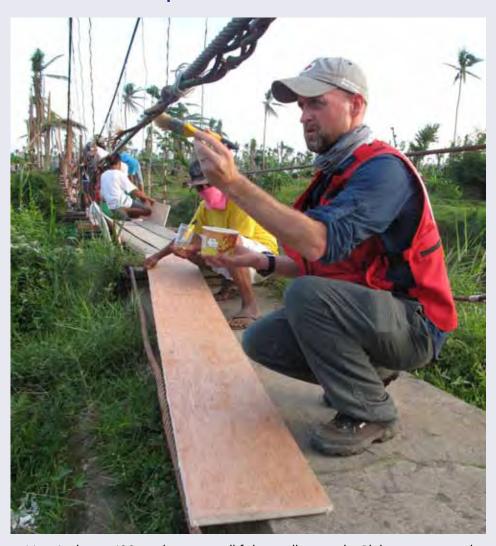
Following the November 2013 Typhoon Yolanda in Haiyan, Philippines, the Heelan grad was deployed to support the Philippine Red Cross, one of 46 disaster specialists who responded. The storm damaged or destroying over one million homes.

"The response started while tracking the typhoon from the Disaster Operations Center in Washington D.C.," he says. "We could watch the storm coming on our mapping in our disaster center and begin prepping staff and volunteers before it landed."

The prep time helped place people in safer shelters before the storm hit and mobilize responders. It addressed telecommunications mapping and longer term recovery planning. Victims received food, shelter kits, mosquito nets, blankets, hygiene kits, medical care, cash transfers and more, he says.

The Red Cross and other responders helped reconnect over 23,000 families and ensure people had access to psychological and emotional support. Six months after the disaster, 1.3 million persons had received Red Cross assistance.

"I was in the Philippines for over a month working with a pretty amazing group of people," Anderson says. "We worked 20 hour days. You have to move quickly, be able to react, be flexible and be able to work in a fast-paced environment to support and help people. You have to embrace the different cultures and focus on what you need to do."



Matt Anderson '92 works in a small fishing village in the Philippines seriously damaged by a typhoon in 2013.

Hurricane Sandy, Ebola and Nepal

Anderson worked Hurricane Sandy relief, too. The massive 2012 storm severely damaged New Jersey and New York and affected the eastern seaboard from Florida to Maine.

"Sandy was one of the hardest things I've ever responded to in my life," he says. "It was very exhausting and rewarding with lots of moving parts. You have to work as a team."

With the Ebola response in West Africa he worked from his office in D.C. to marshal forces to set up internet connections in remote areas, leadership support and remote mapping to pinpoint trouble spots. "It was an extremely complex and challenging humanitarian response," he says.

As the Roster Officer for the International Response Operations Center (IROC) at the American Red Cross, Anderson oversees a cadre of skilled emergency response professionals who deploy on humanitarian missions.

"In my job I manage the roster of responders to ensure we can deploy within 24 to 48 hours to any incident in the world," he says. "It's a mix of staff and volunteers from all over the U.S."

Most recently, he's devoted time to the devastating April earthquake in

Victims Around the Globe

Nepal where 5,500 people were killed. "It's been really hectic few months with the Nepal earthquake," he says.

Sioux City Roots Nurture Spirit

Growing up in Sioux City with dedicated Catholic parents and Catholic schools Anderson learned about caring for others from his parents. "My dad, (Jim Anderson '61 a social worker) was very supportive of an adventurous life," he says. "My mom (Helen) was a teacher and owned a preschool. My sister, Amy, is a social worker and my brother, Ryan, works in education helping others. So I guess that bleeding heart trait definitely runs in the family."

Looking back at the influence of Heelan in his life, Anderson talks about former Heelan teach Bev Weisman and theater.

"The discipline of building the sets, rehearsing and working as a group was a team effort," he says. "It was a wonderful educational opportunity."

He united with former classmates when the Iowa Hawkeyes played Maryland in football last fall.

As a student at the University of Northern Iowa, Anderson joined Camp Adventure which sends students to American military bases and embassies worldwide to provide youth services. He earned a master's degree in youth and human services at UNI, joined the camp staff, served as a Peace Corps volunteer in the Republic of Moldova and then moved to Washington, D.C.

Along the way Anderson married his wife, Maggie, who works in education policy at the World Bank. They married at St. Matthew's Church and live a 20-minute walk from the White House with their toddler son, Konrad.

With disasters occurring regularly, Anderson will continue responding to incidents worldwide.



Matt Anderson's home base is the Red Cross International Operations Center in Washington, D.C.

Midwest values and his Catholic faith will play a part in touching the lives of millions across the globe.

Dress for Success Grad Funds Nike Gift for Staff

By JoAnne Fox • Reprinted courtesy of The Globe

Bishop Heelan High School graduates Todd '77 and Amy Delaney '78 Feltz of Omaha have been long-time contributors to many Crusader appeals. Now, the Feltzes have added apparel to their donation queue.

Thanks to their gift of \$10,000, nearly 200 Bishop Heelan School system teachers, administrators, staff and parish priests were the recipients of Nike zip pullovers.

"We had made a contribution to the Fine Arts Building, but I told Tom Betz if he had a need come up we would support that," Todd Feltz said.

"We have been a Nike school for a few years, and as a coach, I have Nike gear from coaching," Betz explained. "Unfortunately, it had been a few years since our entire staff had received a new piece of school apparel."

"When Tom mentioned this to me, I thought it was a perfect fit," Feltz said. "A building is a building, but it's the people in the building who make it work and need to be shown appreciation for that."

Feltz recalled influential Heelan instructors.

"When I look back on our past high school lives, Amy's and mine, it was more than the walls that impacted us; it was the teachers," he said. "I would credit the teachers with where we are today, financially and spiritually."



Some Heelan system teachers show off their new Nike pullovers outside the classroom.

At the top of Todd's Heelan memories is faculty member Father Paul Eisele and Heelan's Glee Club.

"I'm not a singer," he said with a laugh. "But Father Eisele got me involved with Glee Club and the barbershop quartet. I'm sure it was to challenge me."

Betz was complimentary of the generosity of the Feltzes and

"If there is a need or something that we can get done for our great faculty and staff, it seems to only take one to two phone calls to get it done," he said.

Feltz down-played the name "brand" of the gift.

"It's not the Nike pullover," he insisted. "It's our appreciation of the efforts of all those associated with the school system. I hope others feel the same about Heelan as we do and participate in opportunities like this."



Bishop Heelan supporters enjoyed a "magnifico" evening at the Heelan Auction "That's Amore" and raised \$362,232, an increase from the 2014 Auction which raised \$315,000.

The final tally included nearly \$63,000 for the Fund-A-Cause to construct a new track at Memorial Field.

The event drew over 500 guests to support the Heelan school system. Guests enjoyed an Italian-themed dinner topped off by cannoli and tiramisu desserts. They also gave high marks to hanging white lights over the dance floor and The Final Mix Show Band.

The top live auction gifts were a Roman Bath, a trip to Italy, a diamond jewelry set and a western theme dinner "Padres on the Ponderosa."

Chair couples who worked on auction gifts and planning greeted guests entering the auction were Mike and Barbara Sloniker '80, representing Heelan High; Jana and Rob Rehal '85 of Mater Dei School; Tim and Beth McCabe of Sacred Heart and Teresa and Pat McElroy '85 of Holy Cross.

"We thank everyone involved for making it a successful evening," said Pat McElroy. "This event is a great example of the comradery and friendships that develop in our schools and churches. Our lives have been enriched by our friends we have met through our involvement in Catholic schools and this auction is a great example."

"We couldn't do this without fun chair couples, generous sponsors and creative and dedicated volunteers," said Janet Flanagan, development officer and auction organizer.

The Heelan Auction is the only public fundraising event of the year that unites parents, faculty, staff, alumni and friends to celebrate and support Bishop Heelan Catholic Schools. The next event will be April 23, 2016.

Auction sponsors and major gift donors will be listed in the 2014-15 Annual Report and Donor Honor Roll.

Enjoying festivities are from left, from the top: Regina Roth and Jill Patee; Dr. Bill Rizk, Justin Miller (signing) and Dr. Kathleen and Jeff LaFavor; Dr. Patrick and Lori Walsh and Amy and Jim Sobaski.



Hello Crusaders,

In the past few years I have enjoyed travels to visit with a number of Bishop Heelan High School Alumni. It is always fun to share the good news about Heelan and what our wonderful faculty and student body are accomplishing. A lot of things have changed in the 64 years since Heelan first opened its doors, but our basic mission or Catholic education continues. Here are answers to the most common questions.

"What is enrollment?"

Today Bishop Heelan High School enrolls 530 students. While enrollment is smaller than it once was, our students are far more diverse, focused and college-bound. They continue to learn from an outstanding staff of lay teachers.

"Are there any priests or nuns still there?"

Sister Colane Recker, our media center specialist, works at Heelan full-time. We have a new chaplain, Father Shane Deman '99. Faith is very much alive at Heelan. We open and close each day with prayer, have regular Masses in our chapel, daily religion classes, ongoing student faith activities, weekly all school Masses at Cathedral and more.

"What is tuition these days?"

Because the expenses of lay teachers are far greater, and parishes can support just a portion of student tuition, student tuition now is \$7,710 at Heelan High School and \$5,675 at our grade schools. Some families are blessed with the means to afford this tuition. For most, this tuition is a monthly financial challenge. This is where you can make a difference.

Support the Spirit of Heelan Scholarship Fund

The Spirit of Heelan Scholarship Fund is an excellent way you can help our Catholic school system in Sioux City give young people a strong foundation for life. Whether your gift is \$20, \$200 or \$2,000, it will help make a Catholic school education affordable for hundreds of our students.

Please use the enclosed envelope and send a gift today. You can help our students with a gift to The Spirit of Heelan Scholarship Fund and/or the Gold Club Fund. You will be helping the next young family create their own "Crusader Connection."

God Bless and Go Crusaders!



Tom Betz Director of Advancement Tom.betz@bishopheelan.org, 712-252-1350

Gills Honor Parents with Scholarship Fund

As a loving tribute to their father and mother, Patrick Gill '73, Janet (Gill) Lowe '74, Carol (Gill) Meredith '75 and Kenneth Gill '83 have started donations to create the John and Margaret Gill Scholarship Fund to offer an annual scholarship to a Heelan High student.

At age 88 John Gill, known as Jack, is alive and doing well today.



John (Jack) Gill, wearing hat, is joined at the Heelan sign by his children setting up a scholarship fund in his name. From left are Ken Gill '83, Janet (Gill) Lowe '74, Pat Gill '73 and Carol (Gill) Meredith '75.

Join our Legacy Society to Support Heelan

Leave Heelan a gift in your will to support Catholic education in Sioux City. Contact Janet Flanagan, Heelan Advancement Office Ph. 712-252-1350 Janet.flanagan@bishopheelan.org

Class Notes

1950s

Repeat Class Note Leon Skuodas '58, left, traveled with his family to Skuodas Lithuania in July 2014. We regret mixing up the vowels in the photo title "Skuodas Family Reunion in Lithuania" in the last issue! This is a portion of the family photo.



1960s





Gathering of '60s Grads

A group of 1960 alumni gathered for updates, laughs and holiday cheer at Mike's Saloon last December when Mark Mulhall visited from California. Top from left are Jim Anderson, Mark Mulhall, Tom Duggan '61 and Denis Hirschman. From left are (McLaughin) Ranschau, Charlene (Boersma) Ellis, and Janelle (Daws) Armstrong Milt (True) Brainrd and Florence Campbell.



Pat Munoz '62, second from right, reports that "Last August I was back in Sioux City for vacation with family. While there I met up with three other '62 grads from Heelan for breakfast. Attached is a picture from our "outing."

From left: "Deanna Skaff, Jan Gray Monk, Pat, and Judy Crane. Deanna, Judy and I started 1st grade together at Sacred Heart in Riverside. Jan joined our friendship freshman year at Heelan. The best thing about friendship is the fact one can be gone for years but when you reunite it is like no time has elapsed! I now live in Southern California."



The Class of 1963 Snowbirds

We enjoyed a third winter gathering at Dave and Cindy Bowen's lovely home in Scottsdale, Ariz. A grand time was had by all! From left are Joe Boyle, Bill Braunger, Eva Olson, Denny Walker, Cathy (Berthelsen) Boyle, (front) Jim Keane, Dave Bowen (front), Tom Bogaard, Mary Murray, Mike O'Hara, Mary (Mugan) Keane, Mike Haley and Bob Horgan.

1970s

Pat (Kochen) Lascala '71 and her husband Joe LaScala '71, high school sweethearts, will be married 44 years in October. They have two adult children and six grandchildren. Joe is Chiropractic physician in Michigan, their daughter is the office manager and Pat has worked for him for 15 years. She recently retired.

Tony Audino '76 of the Seattle Wash, area, has just been named Chair of the Fulcrum Foundation which provides financial assistance to Catholic schools in the Archdiocese of Seattle. Wash. The foundation provides special financial help to schools in need, tuition assistance, and grants for special classroom projects and initiatives that promote academic excellence and faith formation.





Class of 1965 Reunion Planning Committee with Mascot

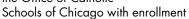
This distinguished group of Heelan alumni are planning their half century reunion in Sioux City for August 21-22. They are front from left: Kathy (Murfield) Williams, Marcia (Buckie Downs) Crabb, Greg Nashleanas, Jan (Vakulskas) Masteller, Terry (Blair) Duzik, Andy (Linden) Pope and Ros the mascot. Back from left: Bill Burrows, Bob Coacher, Bob Berger, Nancy (Marsh) Rorholm, Julie (Polley) Freese, and Don Duzik.

Not pictured: Linda (Wanderscheid) Linduski, Kathleen Mugan, Margaret (Murray) Neuroth, and Don Townley. The blue figure, Ros, is from Roswell, New Mexico and appeared there after a crash in that location having a similar birth date (1947) to all of those in our class. The reunion advice from Ros has literally been out of this world!

1980s

Jim Verschoor '81 has joined other commercial appraisers and residential appraisers in opening the new office Tri-state Valuation and Consulting in Sioux City. The team consists of former employees of NAI LeGrand and Co. whose owner has retired. The new business remains downtown.

Karen K. (Neilsen) Cleland '83 has joined DePaul University as Director of New Programs and Initiatives, Enrollment Management & Marketing, She previously worked for several years assisting the Office of Catholic



Teresa Campbell '87 of Tuscan, Arizona has been promoted to Chief Master Sergeant in the Air National Guard.

Heart Schools in Chicago.

The United States Air Force promotes only two percent of its enlisted force to the rank of Chief Master Sergeant.



It is the highest enlisted grade for an individual cited as a teacher, a mentor and a leader for the enlisted force.

management and branding and served on several boards, including Sacred

1990s

Susan Verschoor Fey '92, has joined IBC in Sioux City as marketing director in February. IBC is a local company providing insurance and business administration services. Susan also co-chaired RAGBRAI 2015, one of the nation's top recreational bicycle rides. RABGRAII which stands for the Registers Annual Great Bike Ride Across lowa, attract some 20,000 visitors July 18-19. It's grown dramatically since its start in Sioux City in 1973. http:// ragbraisiouxcity.com

Amy Nelson-Kukuk '93 was selected as the Midlands Mentoring Partnership's 2015 Mentor of the Year award winner for her work with young artists in the Jolsyn Art Museum's Kent Bellow's Mentoring Program in Omaha,





Class of 1975 Reunion Gathering

The Class of 1975 celebrated its 40th Reunion at Buffalo Alice and the Sioux City Country Club attracting alumni from a wide array of states. Thanks to key organizers Shavonne (Smith) Kopal and Mark Condon these alumni enjoyed a great evening at the country club. From left are: Bob Kochen, Overland Park, Kan.; Sharon (O'Brien) Bufo, Los Osos, Calif.; Left photo: Vicki (Sitzman) Adams, Tulsa, Okla.; Nora (Reynolds) Lerer, Pacific Palisades, Calif.; John Thoman, Oakland, Calif.; Patti Huetteman, Chicago, Ill.; Bill Barrett, Gillette, Wyo.; and Matt Malone, Des Moines.

Right photo: They are from left Dr. Kelly Lennon, Parker, Colo,; Sue (Jones) Berens, White Bear Lake, Minn., Larry Beck, Bella Vista, Ark.; Kim (Peterson) Graff, Sioux Falls,; and Jo (Rago) Harbeck, Hills Boro, Ore.

Nebraska. The Mentor of the Year award honors an individual that is committed to helping young people achieve their potential through mentoring. Currently Amy is an Associate Professor of Fine Art at Creighton University, teaching courses in Ceramics and Art and Civic Engagement.



Jason Silva '94 married Lisa Mangin May 29 in Arizona. He and his wife are both special education teachers for children

with autism. "That's how we met!" At the wedding he was joined by Heelan 1994 classmates from left: Jason Watters, Denny Quinn, Pete Masteller, Jason Silva, Matt Redding, Ann (Sturdevant) Lanham, Kelly Taylor and Corey Stusse.

Dr. Andrew Krueger '95 of Lee's Summit, Mo and his wife, Janette, welcomed baby girl, London on September 29, 2014. London joins big brothers, Grady and Luke. Andy has a chiropractic practice.

Angela (Gray) Subulwa '97' and her husband. Mushe, welcomed their second son, Mwakamui Gray Subulwa, on June 12, 2014 in Oshkosh, Wis. Mwakamui joins his big brother, Mooka. She writes "I'm in



the Geography Department at UW-Oshkosh (actually just got tenure about a week before Mwakamui was born so it's been an eventful year!"

Tom White '98. coach of Notre Dame Prep girls soccer team of Scottsdale, Ariz. won the division Il championship for the State of Arizona on Feb. 14. This was tom's second year as head coach of the



Saints. They had an undefeated season. He and his wife, Jenna, are the proud parents of Harper Lea born September 6, 2014, and live in Chandler, Ariz.



Erin Cosgrove Lewis '98 is the chief financial officer of AlignLife of Greenville East in Greenville, S. Carolina. She writes "I recently received my alumni newsletter. It prompted



me to send an update since I recently welcomed my fourth son, Andrew John Lewis, on Dec. 17, 2014 with my husband Dr. Kevin Lewis. He joins brothers Robert (6), Daniel (4) and Cullen (3).

Molly (Lennon) Oedekoven '99 and her husband. Matt, welcomed Charles James Oedekoven born August 16, 2014. He joined big sisters Georgie (8), Elsie(6), Maisie (4), and big brother Henry (2).



The family lives in Rock Rapids, Iowa.

2000s

Alison Althaus '02 received her PhD in neuroscience from the University of Michigan in May after successfully defending her thesis "The Role of Dentate Granule Cell Age and Morphology in Seizure-induced



Plasticity." She is now doing a postdoctoral fellowship at the University.

Kyle and Kelsey (Jeratowski) Bennett '06, welcomed Kemri Marie Bennett on Nov 13, 2014. Writes mom "She is an unbelievable blessing!"





Air Force officer and currently teaches ROTC at CU in Boulder. Sara is a software sales executive with CareerBuilder.com. They live in Denver, he writes "This past summer, my wife and I had a wedding picture of ours featured on the cover of a magazine here in Colorado. We had a bunch of people from our class attend our wedding and we thought it'd be fun to send that picture in and the one from the cover of the magazine." Classmates at the wedding back left: Jeff Nieman, Dan Glasson, Brian Falk, Dan Wiltgen, Ryan Keefe, Adam Kuehl and Greg Gill. Front row, from left are Katie Anderson (West High '99), Melissa (Rehal) Oprish; Sara (Hendricks) Falk and Anna Corio.



Olivia Horner '09 on January 3, 2015 married North High graduate Alex Walker. Olivia is the daughter of Michael '80 and Claudia Horner. The bridal party included fellow Heelan graduate Josh Kohn-Lindquist '06. Alex is a branch manager with Enterprise Rent-A-Car. Olivia is a speech language pathologist with Ralston Public Schools. They live in Omaha.



Kyle Walsh '11, graduated in spring from the University of Notre Dame. He was included in the Spring 2015 edition of the Notre Dame Magazine with friends in the annual "stache bash." Walsh is pursuing a master's degree in physiology from Georgetown and hopes to attend medical school.

Major League Baseball **Drafts Kerian**

David Kerian '11, Big Ten Baseball Player of the Year and team captain of the University of Illinois Champaign, was drafted in the ninth round to the



Washington Nationals. It's the second time Kerian's been drafted. The Nationals selected him in 2011, following his graduation from Heelan, but he opted for a collegiate career first and graduated this spring.

The Illini finished with an overall record of 50-10-1 and 21-1 in Big Ten play. Kerian slugged 16 homers and 52 RBI's in 60 games and finished his senior season with a .367 batting average and a .667 slugging percentage.

In Memory

Alumni

Walt Lefler Jr. '62, Washington Terrace, Utah, May, 19, 2014

Mary Rose McCluhan '64, Fargo, N.D., Sept. 5, 2014

Marcia (Orcutt) Porter '67, Phoenix, Ariz., April 14, 2013

John Keane '43, Sioux City, Sept. 8, 2014

Frances Keane '43 of Cathedral, Sioux City, April 21, 2015

Francis (Joe) Cosgrove, '47 of Trinity High, Sioux City, July 1, 2015

Mary P. Grendler McCarthy '48 of Cathedral, Sioux City, April 12, 2015

Vernoica Montagne Evans '48, Troutdale, Ore., Jan. 13, 2015

James Frink '48, Phoeniz, Ariz., Jan. 7, 2015

Richard Doyle '50, Sun Valley, Calif., Sept. 20, 2014

Margaret "Peggy" Coolidge Delaney '50, Sioux City, Jan. 18, 2015

Jean Marie (Brogan) Roberts '50, Las Vegas, Nev., Oct. 19, 2014

John O'Neill '50, League City, Tex., Aug. 18, 2014

Mary Ann (Schneiders) Propeck '50, Dakota Dunes, April 22, 2014

Robert L. "Bob" Mahon '51, Sioux City, Jan. 5, 2015

Dorothea Roskam '53, Edina, Minn., March 29, 2015

Mary Ellen Dahl '54, Sioux City, March 7, 2015

Maryann (Fischer) Krommenhoek '57, Sioux City, May 13, 2015

Helen (Gengler) Sturges '58, Sioux City, Feb. 10,

Patricia (Mahaney) Jordan '59, Sioux City, Dec. 6, 2014

Collette "Kay" (Bennett) Signorelli '60, Santa Monica, Calif., April 10, 2015

John Verzani '60, Omaha, March 4 2014

Florence "Flossy" Blair, Cathedral High graduate, Sioux City, Jan. 3, 2015

Mary Holder Lovel Becker '62, Missouri, Jan. 13, 2015

Ann McAleer Leigh '64, Sibley, Iowa, April 10, 2015

Dan Costello '65, Newhall, Iowa, 2013

Colleen (Fennell) Schwanz '66, Omaha, Dec. 21, 2014

John Sudbeck '69 Tucson, Ariz., June 14, 2015

Dwight Conway '70, Hot Springs, Ark. Feb. 4, 2015

Joleen "Jody" (Shearon) Geer '71 Lincoln, Neb., April 8, 2015

Mark Manderscheid '72, Tyler, Tex, Dec. 28, 2014

Kent P. Furlong '80, Sioux City, Jan. 1, 2015

Patrick "Rick" Calhoun '86, Urbandale, Iowa, June 1, 2015

Josh Worrell '06 Sioux City, Dec 31, 2014

Family Members

Patricia L. Bennett, Portland, Ore, June 15, 2015

Rev. Mr. William Berger, Sioux City, Feb. 13, 2015, father of Ann Berigan '72, David '74, Daniel (Leo) '76, Mary LaFalce '78 and Mike '82

Richard L. Bresnahan, Sioux City April 1, 2015, father of Scott '74, Julie Miller '75 and Karen '79

Patrick "Rick" Calhoun '86, Urbandale, Iowa, June 1, 2015, son of Jim '61, brother of Robin '89, nephew of Marijo '53, Jerry '55, Eleanor '56, Richard '59, Robert '63 and John '67; cousin of Deb '72, Tony '77, Jim '78, Jerry '81, Kay '82, Angie '90, Amy '92, Charlie Delaney '93, Ryan Delaney '95, Dusty Delaney '00, Kelly Delaney '05, Taylor Delaney '14 and Riley Delaney '16

Cameron Condon, Sioux City, June 16, 2015, child of Adam Condon '01 and grandchild of Steve & Barbara (Backer) Condon '77

Richard Fergen, Sioux City, May 4, 2015, husband of Margaret Ann (McGarry) Fergen '54 and father of Dan '76, Steve, Will '80, Tom '82, Nancy (Fergen) Olberding '84 and Jack '87

Clifford Garvey, Spirit Lake, Iowa, June 10, 2014, father of Heelan grads Jane, Jolene, Joseph and **Jonathan**

Lucille Harty, Sioux City, March 21, 2015, mother of james, Colleen (Harty) Reisener '74 and John '77

Althea Jonas, Sioux City, Nov, 18 2013, mother of Patricia, richard, Marily (Jean,) Betty, Robert, David, Judy, William, Mary Jo, Alan and Karen

Zona Kayl, Sioux City, March 10, 2015, mother of Terry Rose '67 and Emma Rose '73

Samuel Kazos, Sergeant Bluff, May 1, 2015, child of Alex Kazos '99 and grandfather Dr. Alex Kazos '80

Dr. Kenneth Keane, Sioux City, Aug. 31, 2014, father of Heelan grads Jim, Bob, Tom, Mary Jean, Mike, Ed, Kathy, Kevin, Therese, Dan, John and Dave

Kelley Kinzie, Sioux City, May 31, 2015, mother of Alyssa '07, Amber '09 and Karly '13

Edward Marsom, Oklahoma City, Okla, Aug. 9, 2014, husband of Frances (Calhoon) Marson '50

Terrence Martin, Sioux City, Nov. 19, 2014, husband of Colleen Houlton Martin '55

Lorine Miller, Sioux City, July 25, 2014, mother of James Miller '63, Joseph Miller '65 and Judy (Poss) Miller '67 (daughter-in-law)

Lawrence Nelson, Sr. Sioux City, March 1, 2015, father of Vickie, Larry '76, Randy '77 and Rick '86

Pam Nelson, Sioux City, May 17, 2015, daughter and Tamara Nelson, Feb. 21, 2014, wife, both of Larry Nelson, Jr., '76

James Rossiter, Jr. South Sioux City, Oct. 30, 2014, father of John '85 and Mark '93

Dr. James W. Rossiter, Sioux City, March 12, 2015, father of Dr. Thomas '81, Dr. Jackie '84 and Robert '81

Keith Sawin, Green Valley, Ariz., Feb. 11, 2015, father of Laura Sawin Armato, Linda Sawin Kowalski '89, and Anthony

Rev. Robert Schimmer, Sioux City, Jan. 6, 2015, Diocesan Priest serving Bishop Heelan High School from 1979 to 1986

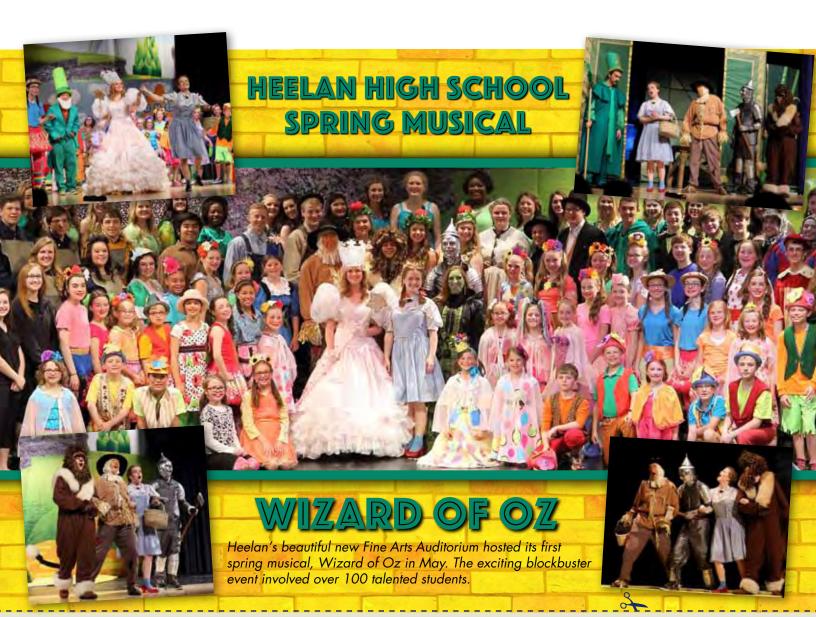
Allan Schrunk, Sloan, Dec. 30, 2014, husband of Cheryl (Vik) Shrunk '64

More loved ones will be featured in the next issue.





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